

BEN ROSENFELD

“Smarter Comedy For Smarter People”

Ben's comedy blends his family's experience as Russian Jewish immigrants in America with his philosophical beliefs, political observations and unique characters.

Ben was born in a country that no longer exists, the USSR, and in a city that has since changed its name, Leningrad. Ben could no longer tolerate the Russian winters, so he convinced his parents to emigrate from Russia, to another frozen tundra, untouched by human kindness, Connecticut. Like many American children, Ben's best friend and babysitter was the television.

Ben attended Rutgers University, where he co-founded Slutgers.com, a parody of the university's website, for which he wrote humorous articles and created branded merchandise. Ben graduated with a double major in Philosophy and Economics, so he knows how to make money, he just doesn't see the point.

After college, Ben began his corporate career as a Fortune 500 management consultant while moonlighting as a stand up comic. He can't explain his day job, but he was worth every penny. After three years at Accenture, Ben entered a fully-funded PhD program in Neuroeconomics at California Technical Institute (CalTech), a school which boasts 31 Nobel laureates and 0 HBO Comedy Specials. However, he quit grad school to dedicate full time to stand up comedy. Ben's family thinks that was his best joke ever. Soon after quitting, Ben created the motivational seminar and e-book, [How to Find Your Passion](#), which guides high school and college students towards their future career path.

Ben has appeared on FOX's *Laughs*, CBS *This Morning*, National Geographic's *Brain Games*, FOX's *The Wendy Williams Show*, TruTV's *All Worked Up*, The Weather Channel, Rooftop Comedy and been featured as TimeOut New York's Joke of the Week. He has twice headlined at Caroline's on Broadway, hosted at the Lincoln Center and performs nightly in New York City. Ben has performed in Caroline's "March Madness" contest, The Laugh Your Asheville Off Comedy Festival, The World Series of Comedy, The Laughing Devil Festival, The Devil Cup and the Ventura Comedy Festival. He has performed all across the country including Los Angeles, San Francisco, Miami, Philadelphia, Washington, DC and even New Jersey. Ben's two comedy albums, *Neuro Comedy* (2012 – [iTunes](#) | [Amazon](#)) and *The Russian Optimist* (2016 – [iTunes](#) | [Amazon](#)) are available at all digital music retailers and streaming sites.

Ben regularly records on-air comedy sketches for various radio stations across the country. His short film and sketch work has been featured in the 48 Hour Film Festival, The Williamsburg Film Festival, The Sparrow Film Festival and on the comedy website The Interrobang. He writes, directs and edits short films and video sketches, found on BigBenComedy.com.

Ben is also the creator of the illustrated coffee table book, [Russian Optimism: Dark Nursery Rhymes To Cheer You Right Up](#), an Amazon Top 5 Best Seller in Humor. *Russian Optimism* contains thirty of Russia's most horrifically hysterical nursery rhymes, in English. Each rhyme is 2-4 lines, with an innocent title and a horrible ending. Each rhyme is accompanied by a brightly colored yet twisted illustration of the scenario described to add humor. For example, The Woods: "A little boy found a machine gun. Nothing lives in the woods anymore." *Russian Optimism* has been mentioned on [Inc.](#), [BoingBoing](#), [Elite Daily](#), [Marginal Revolution](#), [The Interrobang](#), [Stage Time Magazine](#), [Fan Girl Nation](#), [The Family Farce](#), [Publisher's Weekly](#), [The Political Carnival](#) and [The NY Post](#).